

**The Faculty of Medicine of Harvard University
Curriculum Vitae**

Date Prepared: February 28, 2022
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Education

1997	B.A.	Liberal Arts Major: Molecular Biology	Bennington College
2004	Ph.D.	Neuroscience (Mentors: Alex L. Kolodkin, Ph.D. and David D. Ginty, Ph.D.)	Johns Hopkins University School of Medicine, Biochemistry, Cellular and Molecular Biology Program, Baltimore, MD

Postdoctoral Training

06/04 - 08/11	Postdoctoral Fellow	Neuroscience, Stem cells (Mentor: Rene Hen, Ph.D.)	Columbia University, New York, NY
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Faculty Academic Appointments

09/11 - 02/12	Lecturer	Psychiatry	Harvard Medical School
09/11 -	Principal Faculty	Harvard Stem Cell Institute	Harvard University
03/12 -10/17	Assistant Professor	Psychiatry	Harvard Medical School
10/17-	Associate Professor	Psychiatry	Harvard Medical School

Appointments at Hospitals/Affiliated Institutions

08/97 - 08/98	Research Fellow	Department of Biological Regulation (Mentor: Yosef Yarden, Ph.D.)	Weizmann Institute of Science, Israel
09/11 - 11/14	Assistant in Research	Psychiatry	Massachusetts General Hospital
04/12 -	Faculty Affiliate	Program in Neuroscience (PiN)	Harvard Medical School
06/12 – 09/21	Member	Biological & Biomedical Science (BBS)	Harvard Medical School
11/14 - present	Associate Researcher	Psychiatry	Massachusetts General Hospital
09/15 -	Associate Member		BROAD Institute of Harvard and MIT

Other Professional Positions

05/16 -01/20	Co-Founder	LabMate Inc.	20 days per year
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Major Administrative Leadership Positions

Local

2013	Faculty Co-Chair, Harvard Stem Cell Institute Malkin Retreat	Harvard University
2014 - 2018	Co-Director, Graduate Course BBS (CB226) -- Concepts in Development, Self Renewal and Repair	Harvard Medical School
2013, 2017	Chair of Recruitment Committee Center for Regenerative Medicine	Massachusetts General Hospital

National and International

2014	Co-organizer, Adult Neurogenesis: From stem cells to therapies	Tata Institute of Fundamental Research, Mumbai, India
2015	Co-organizer, Watching the Brain Think, Israeli-American Kavli Frontiers of Science symposium, Jerusalem, Israel	Israel Academy of Science and Humanities; National Academy of Sciences
2017	Chair and Co-organizer, Kavli Frontiers of Science symposium, Irvine, CA	National Academy of Sciences

Committee Service

Local

2012- 2021	BBS Program Thesis Committee, Preliminary Qualifying Exams Dissertation Advisory Committee	Harvard Medical School For Amelia Chang, PQE Examiner 2012 For HuiXin Xu, PQE Examiner 2012 For Fongching Chau, PQE Examiner 2013 For Michael Florea (PQE and DAC) For Yuchen Xiao, PQE For Blake Chancellor (PQE, External Examiner)
2012 - 2013	Center for Regenerative Medicine Recruitment Committee	Massachusetts General Hospital Chair
2012 - 2021	Human Developmental and Regenerative Biology Senior Thesis Committee	Harvard University
2013 -	Home Base PTSD Research Scientific Committee	Massachusetts General Hospital
2013 -	Program in Neuroscience Admissions Interviews	Harvard Medical School
2014 -	MGH/McLean Research Concentration Program Working advisory group for psychiatry residents	Massachusetts General Hospital
2016 –	Center for Regenerative Medicine Executive Committee on Research (ECOR) Representative	Massachusetts General Hospital
2016-2017	Chair, Center for Regenerative Medicine Recruitment Committee	Massachusetts General Hospital
2017-	Review Panel for Tosteson and Fund for Medical Discovery Postdoctoral Fellowship Awards	Massachusetts General Hospital
2018 - 2020	Committee on Fundamental Research (CFR) Executive Committee on Research (ECOR) Representative	Massachusetts General Hospital
2018 -	Harvard Stem Cell Institute Retreat Poster session Faculty Judge	Harvard University
2017-	Program in Neuroscience Preliminary Qualifying Exams	Harvard Medical School

For Peter Angelli (PQE)
 For Rebecca Senft (PQE and DAC)
 For Tiara Lacey (DAC)

2019-	Mass General Neuroscience Leadership Council	Massachusetts General Hospital
2019-	Review Panel for MGH Research Scholars Round 1	Massachusetts General Hospital
2021	Co-founder and co-organizer MGH/MEE Neural Circuits seminars for trainees	Massachusetts General Hospital/ MEE

Regional

2014 - 2018	Dimensional Application Advisory Committee	Bennington College, Bennington, VT
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National and International

07/12 - 06/15	External Thesis Advisor, Candidate: Soyoung Rhee	SUNY, Stony Brook, NY
10/15	Faculty Opponent, Thesis Defense Candidate: Guilia Zanni	Goteburg University, Goteburg, Sweden
01/19	External Thesis Appraiser Candidate: Axel Guskjolen	University of Toronto, Ontario, Canada
2020-2022	Federation of European Neuroscience Societies (FENS)	SFN appointed Program Committee

Professional Societies

2004 - 2019-2024 2019-2022	Society for Neuroscience	Member Program Committee for SFN Chair, Programming for Session: Neurodegenerative disorders and Injury
2004 -	Molecular and Cellular Cognition Society	Member
2009 - 2011	Faculty of 1000	Associate Faculty Member
2011 -	Faculty of 1000 Animal Genetics section	Faculty Member
2012	International Society for Stem Cell Research	Reviewer

2014 - 2014 - 2019 2019-	American College of Neuropsychopharmacology	Associate Member Member
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Grant Review Activities

2012	Investigator Initiated Research Grant	Alzheimer’s Association, USA External Reviewer
2013	Internal CSR Catalyst Grant Competition	Heart and Stroke Foundation Center for Stroke Recovery Research, Canada Ad hoc Member, External Expert Reviewer
2013	Neurophysiology of Systems	Medical Research Council, UK Ad hoc Member
2015	Neuroscience	Agence Recherche, Neuroscience, French National Research Agency (ANR), France Ad hoc Member, External Reviewer
2016	Special Emphasis Panel/SRG PO1 2016/05 ZNS1 SRB-N (10)	National Institute of Neurological Disorders and Stroke (NINDS) Ad hoc Member
2017	Special Emphasis Panel/Scientific Review Group 2018/01 ZRG1 MDCN-B (02)	National Institutes of Health
2019	Special Emphasis Panel/SRG P01 2020/01 ZAG1 ZIJ-6 (J1)	National Institute of Aging
2019	Alzheimer’s Association Research Grant New To Field Program	AARG
2020	INSERM Atip-Avenir 2020	INSERM
2020	Neurobiology of Learning and Memory LAM Study section	National Institutes of Health
2021	ZRG1 IFCN-E (02) Special Emphasis Panel	National Institutes of Health

Editorial Activities

Ad hoc Reviewer

Brain Plasticity
Brain, Structure and Function

Behavioral Brain Research
 Biological Psychiatry
 Cell Stem Cell
 Cell Reports
 eLife
 Experimental Cell Research
 Frontiers in Neural Circuits
 Hippocampus
 Nature
 Nature Communications
 Nature Methods
 Nature Neuroscience
 Nature Medicine
 Nature Reviews Neuroscience
 Neuron
 Journal of Biological Chemistry
 The Journal of Neuroscience
 Neurogenesis
 Neuropsychopharmacology
 Molecular Psychiatry
 Neuropharmacology
 Molecular Brain
 PLOS Computational Biology
 Proceedings of the National Academy of Sciences (PNAS)
 Science
 Science Advances
 Stem Cell Reports

Other Editorial Roles

2012 -	Editorial Board	F1000 Research, Genomics and Genetics
2014 -	Editorial Board	Brain Plasticity

Honors and Prizes

1995	Career Center Grant for Research	Bennington College	Undergraduate Research
1995	Summer Undergraduate Research Fellowship	Rockefeller University	Undergraduate Research
1995	Summer Undergraduate Research Fellowship (declined)	Weizmann Institute of Science	Undergraduate Research

2002	First prize, Graduate Student Association, 4 th year Poster Competition	Johns Hopkins University School of Medicine	Doctoral Research
2006	Health Emotions Research Institute Award	University of Wisconsin, Madison	Travel Award
2009	3rd Annual Julius Axelrod Lecture Travel Award	Society for Neuroscience	Career Development Travel Award
2010	Early Career Travel Award	American College of Neuropsychopharmacology	Career Development Travel Award
2010	Translational Neuroscience Symposium Award (canceled)	Roche	Symposium Travel Award
2011	New Investigator Award	American Society of Clinical Psychopharmacology	Career Development Award
2011	Career Development Award	Society for Neuroscience	
2019	James and Audrey Foster MGH Research Scholar Award	MGH	

Report of Funded Projects

Funding Information

Past

- 2006 - 2008 Molecular mechanisms underlying the sensitive period for anxiety
National Alliance for Research on Schizophrenia and Depression
Young Investigator Award
PI (\$60,000)
The goal of this study was to determine the contributions of serotonin-dependent candidate circuit maturation genes on maturation of hippocampal circuits and anxiety-like behaviors.
- 2008 - 2010 Understanding how experience dependent plasticity mechanisms encode vulnerability to anxiety disorders: A role for Klf-9 dependent neural circuit maturation
Sackler Institute for Developmental Psychobiology, Columbia University
PI (\$100,000)
The goal of this project was to determine if Klf-9 dependent neural circuit maturation when compromised during the early post-natal period confers vulnerability to early life stressors.

- 2008 - 2010 The role of a novel regulator of hippocampal circuit maturation in mediating the behavioral effects of antidepressants.
National Alliance for Research on Schizophrenia and Depression
Young Investigator Award
PI (\$60,000)
The goal of this study was to determine if Kruppel-like factor 9 dependent neural circuit maturation is necessary and sufficient for the behavioral effects of antidepressants.
- 2009 - 2011 Harnessing adult hippocampal neurogenesis to enhance learning and modulate mood.
NIH/NIMH, 5K99MH086615 Pathway to Independence Award
PI (\$166,440, Direct Costs)
This proposal sought to determine the impact of stimulating adult hippocampal neurogenesis on learning and memory and regulation of mood.
- 2011 - 2014 Harnessing adult hippocampal neurogenesis to enhance learning and modulate mood
NIH/NIMH, 4R00MH086615-03
PI (\$581,760, Direct Costs)
This proposal sought to determine the impact of stimulating adult hippocampal neurogenesis on learning and memory and regulation of mood.
- 2012 - 2015 Linking connectivity of adult-born neurons with encoding functions
Whitehall Foundation
PI (\$225,000, Direct costs)
This project interrogated how a protocadherin dictates connectivity of adult-born neurons.
- 2012 - 2016 Reversing age related impairments in pattern separation to improve episodic memory formation.
The Ellison Medical Foundation
PI (\$400,000, Direct costs)
This project investigated whether restoring synaptic connectivity in distinct regions within the medial temporal lobe of aged rodents will reverse age-related cognitive decline in pattern separation.
- 2015 - 2016 Generation of Human Hippocampal CA3 neurons
HSCI Development Grant
co-PI (\$100,000, Direct costs). Other Co-PI: Rakesh Karmacharya
This project sought to develop protocols to generate hippocampal CA3 neurons from human induced pluripotent stem cells.
- 2015 – 2016 Re-engineering excitation-inhibition connectivity to rejuvenate memory circuits in aging
ECOR Deliberative Interim Support Funding (ISF)
PI (\$75,000, Direct costs)
This project sought to address critiques of Ro1AG048908 for resubmission.
- 2015 - 2016 Maintaining Memory Fidelity in Aging and Alzheimer's Disease
Ellison Family Funds (Philanthropic support)
PI, (\$400,000, Direct costs)

The proposed research aimed to generate insights into how hippocampal connectivity maintains precision of remote memories in aging and mouse models of Alzheimer's Disease.

- 2016 – 2017 Identification of novel pro-neurogenic factors to enhance memory processing during aging
Massachusetts Alzheimer's Disease Research Center/Harvard Neurodiscovery Center
Neurodegenerative Disease Pilot Study Grant
PI (\$40,000, Direct costs)
- 2014 – 2019 Molecular control of excitation-inhibition balance to encode ambiguous threats
NIH/NIMH 1-R01MH104175
PI (\$1.625 million, Direct costs)
The proposed research aims to causally link feed-forward excitation-inhibition balance in dentate gyrus (DG)-CA3 circuit with discrimination of ambiguous threats and global remapping, identify hippocampal outputs that broadcast pattern separation dependent computations to extrahippocampal limbic circuits, and pharmacologically re-engineer DG-CA3 circuitry to improve global remapping.
- 2017-2019 Illuminating the neurobiology of human hippocampal pyramidal neurons in schizophrenia
National Alliance for Research on Schizophrenia and Depression
Independent Investigator Award
PI, (\$100,000, Direct Costs)
The goal of this study is to generate hippocampal pyramidal neurons from human fibroblasts.
- 2017-2019 Characterization of novel secreted pro-neurogenic enzyme
Harvard Stem Cell Institute
Seed Grant
PI, (\$83,334, Direct costs)
The proposal aims to characterize the pro-neurogenic potential of a secreted enzyme in adult and aged mice and using induced human neural stem cells.
- 2016 - 2021 Re-engineering excitation-inhibition connectivity to rejuvenate memory circuits in aging
NIH/NIA 1R01AG048908-01A1
PI, (\$1.25 million, Direct costs)
This grant will determine how targeting excitation-inhibition balance in the aging hippocampus will improve memory processing.
- 2018-2021 Regulation of subcortical circuits by adult hippocampal neurogenesis
Blue Guitar Fund, Harvard Stem Cell Institute
PI, (\$250,000, Direct costs)
This grant will determine how stimulation of adult-hippocampal neurogenesis modulates subcortical circuits.

Current

- 2017-2022 Contributions of hippocampal oxytocin receptors to social recognition
NIH/NIMH 1R01MH111729 - 01A1
PI, (\$1.25 million, Direct Costs)
This project will investigate the role of hippocampal oxytocin receptors in social memory
- 2018-2021 Targeting feed-forward inhibition in DG-CA3 to improve memory in AD
Alzheimer's Association International Research Grant - New to the Field Program
PI, (\$136,365, Direct Costs)
This project will investigate the role of feed-forward inhibition in DG-CA3 in AD
- 2019-2024 Interrogating plasticity and heterogeneity of inhibitory neurons as gatekeepers of memory processing
James and Audrey Foster MGH Research Scholar
PI, (\$500,000, Direct costs)
This project will examine the molecular and physiological basis of inhibitory neuron plasticity and heterogeneity in hippocampal-septal circuits
- 2020-2023 Linking molecules, circuits and behavior to promote plasticity and memory in the aging Brain
Glial mechanisms by which sleep preserves cognitive function and plasticity in aging
Simons Collaboration on Plasticity and the Aging Brain
PI, (\$1.125 million, Direct costs)
This project will investigate the molecular regulation of inhibitory interneurons in aging hippocampus and regulation of neurogenesis and microglia
- 2020-2021 Transcription control of adult hippocampal neural stem cell homeostasis
NIH/NINDS R56NS117529-01
PI, (\$350,000, Direct costs)
This project will investigate the role of the transcription factor Klf9 in regulation of neural stem homeostasis in the adult hippocampus
- 2021 Harvard Brain Science Initiative (HBI) Community Building Grant
Co-Founder and co-Director (\$5000)
Goal is to bolster the career development of basic neuroscience trainees at MGH and MEE
- 2021 Alzheimer's Disease Supplement 3R01MH111729-04S1 (\$186, 637, Direct Costs)

Report of Local Teaching and Training

Teaching of Students in Courses

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| 2003 | Neuroanatomy Laboratory course
1 st year medical students | Johns Hopkins University School of Medicine
Teaching Assistant; 5 hours per week for 8 weeks |
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2012	Lecture in BBS Nanocourse Stem Cells Graduate students	MGH and Harvard Medical School 1 hour lecture
2013, 2015	Lecture in DRB Boot Camp Graduate students	MGH and Harvard Medical School 1 hour lecture and 3 hour practicals
2013, 2015, 2018, 2019	Lecture in MCB graduate level course: Interesting Questions in Physical Biology Graduate students	Harvard University 1 hour lecture
2014	Graduate Course Stem Cell and Regenerative Biology SCRB 200 Graduate students	Harvard University 3 hour lecture and discussion
2019-	Lecture in SCRB 140 Development and Molecular basis of Regeneration Undergraduates and Graduates	Harvard University 1 hour lecture
2014 - 2018	Course Co-director Graduate Course BBS Program CB 226: Concepts in Development, Self-renewal and Repair Graduate students	Harvard Medical School 3 hours per week for 13-14 weeks, Fall Semester
2021-	Co-founder and Director of Neural Circuits Trainee Seminars	MGH and MEE 1.5 hours/month

Formal Teaching of Residents, Clinical Fellows and Research Fellows (post-docs)

2011 - 2013	Lecture in PGY2 Neuroscience Course Psychiatry residents	MGH 1 hour lecture
2020-	Clinical and Translational Research Academy Mentor	Harvard Medical School 3 hours/week

Laboratory and Other Research Supervisory and Training Responsibilities

2001	Supervision of undergraduate student	Johns Hopkins University School of Medicine 160 hours
2005 - 2010	Co-supervision of graduate students with PI	Columbia University 3 hours per day
2011 -	Supervision of laboratory technicians / MGH Center for Regenerative Medicine, Sahay lab	MGH Daily mentorship, 5 hours per week

2012 -	Supervision of postdoctoral research fellows / MGH Center for Regenerative Medicine, Sahay lab	MGH Daily mentorship, 2-3 hours per week
2012 -	Supervision of graduate student research / MGH Center for Regenerative Medicine, Sahay lab	MGH Daily mentorship, 3-5 hours per week
2013 -	Supervision of undergraduate student research / MGH Center for Regenerative Medicine, Sahay lab	MGH Daily mentorship, 1-2 hours per week
2020-	Scientific Latino's minority graduate student mentorship initiative (GSMI)	2 hour/month

Formally Mentored Medical, Dental and Graduate Students

2012 - 2014	Melissa Boldridge, A.B. Department of Stem Cell and Regenerative Biology, Harvard University Class of 2014. PhD Program in Nutritional Sciences and Toxicology, Univ. California at Berkeley (2019-) Senior Honors Thesis
2013 - 2015	Shannen Kim, A.B. Neurobiology, Harvard University Class of 2015 Senior Honors Thesis in Mind, Brain and Behavior. Co-author on publication in <i>Hippocampus</i> . Recipient of 2013 Harvard College Research Fellowship, 2014 Harvard Stem Cell Institute Undergraduate Research Program (HIP), Phi Beta Kappa Honor Society, <i>summa cum laude</i> in Neurobiology. Medical Student, UCSF Medical School (2017-)
2013 - 2016	Alexia Zagouras, A.B. Department of Stem Cell and Regenerative Biology and Anthropology, Harvard University Class of 2016 Recipient of 2015 Harvard Stem Cell Institute Undergraduate Research Program (HIP) award and 2016 Thomas Hoopes Prize for outstanding scholarly work or research (Amar Sahay and Arthur Kleinman, co-mentors). Medical student, Cleveland Clinic Lerner College of Medicine of Case Western Reserve University (2018-)
2012 -2018	Tara Raam, Graduate Ph.D. Program in Neuroscience, Harvard University Raam et al, <i>Nature Communications</i> 2017, 2017 Wisconsin Emotion Symposium Travel Awardee. 2018-Postdoctoral Fellow at UCLA.
2012 - 2019	Hugo-Vega Ramirez, graduate student, Program in Neuroscience, Harvard University, Howard Hughes Medical Institute Gilliam Fellow Co-authored publication in <i>Neuron</i> .
2016-2018	Alec Reed, Department of Stem Cell and Regenerative Biology, Harvard University, Class of 2018, Recipient of 2015 Harvard Stem Cell Institute Undergraduate Research

- 2017- Program (HIP) award, Senior honors Thesis, Medical student, Harvard Medical School (2018-).
James Coleman, Department of Stem Cell and Regenerative Biology, Harvard University, Class of 2021, Recipient of 2018 Harvard Stem Cell Institute Undergraduate Research Program (HIP) award
- 2017-2020 Debolina Ghosh, Department of Stem Cell and Regenerative Biology, Harvard University, Class of 2021, Concentration in Neurobiology, Recipient of 2019 Harvard Stem Cell Institute Undergraduate Research Program (HIP) award, Summa Cum Laude Neuroscience Thesis, Highest honors in Neuroscience, Case Western Reserve Medical School (2020-)
- 2018-2019 Victor Steininger, Masters Thesis (Bioengineering), recipient 2018 Harvard-EPFL Bertarelli Fellowship, Ecole Polytechnique Fédérale de Lausanne

Other Mentored Trainees and Faculty

- 2005 - 2010 Kimberly N. Scobie, Ph.D. / Scientific Associate, Simons Center for Collaboration on the Global Brain
Career stage: Graduate trainee of Dr. Rene Hen (PI) at Columbia University. Mentoring role: Postdoctoral Co-research advisor. Accomplishments: First author on publication in *The Journal of Neuroscience* and second author on publication in *Nature*.
- 2009 - 2011 Alexis S. Hill / Faculty, College of Wooster, MA
Career stage: Graduate trainee of Dr. Rene Hen (PI) at Columbia University. Mentoring role: Postdoctoral Co-research advisor. Accomplishments: Third author on publication in *Nature* and first author on publication in *Neuropsychopharmacology*.
- 2011 - 2013 Sally Levinson, B.S./PhD Program in Neuroscience, New York University
Career stage: Technician in my lab. Mentoring role: Research advisor. Accomplishments: Co-author on publication in *Frontiers in Neural Circuits*. Abstract submitted to 2016 Society For Neuroscience Meeting, San Diego, CA.
- 2012 - 2013 Sreyan Chowdhury, B.S./PhD Program in Biomedical Sciences, Columbia University
Career stage: Summer intern 2012, 2013. Mentoring role: Research advisor.
Accomplishments: 2012 Harvard Stem Cell Institute Undergraduate Research Program.
- 2013 - 2015 Tomer Langberg, B.S./ Ph.D. Program in Molecular cellular Biology, UC Berkeley
Career stage: Technician in my lab. Mentoring role: Research advisor. Accomplishments: Co-author on Besnard et al, *Cell Reports* (2018)
- 2013 - 2014 Genelle Rankin, B.A./Ph.D. Program in Neuroscience, Harvard Medical School
Career stage: Winter intern 2013, 2014. Mentoring role: Research advisor.
Accomplishments: Co-author on publication in *Hippocampus*.
- 2013 - 2014 Craig Russo, B.S / Associate, Venture capital

- Career stage: Summer intern 2012, 2013. Mentoring role: Research advisor.
Accomplishments: 2013 Harvard Stem Cell Institute Undergraduate Research Program (HIP). Co-author on publication in *Neuron* and *Hippocampus*.
- 2014 - 2015 Soyoung Rhee, Ph.D. / SUNY Stony Brook Class of 2015
Career stage: Graduate student. Mentoring role: External Thesis Advisor.
Accomplishments: First author on publication under revision at *Scientific Reports*.
- 2015 Guilia Zanni, Ph.D. / Gothenburg University Class of 2015
Career stage: Graduate student. Mentoring role: External Thesis Advisor “Opponent”,
Gothenburg University, Sweden. Accomplishments: First author publication in
Developmental Neuroscience.
- 2015 - 2016 Duong Chu, B.S. / Lab Technician
Career stage: Technician in my lab. Mentoring role: Research advisor. Accomplishments:
Co-author on abstract submitted to 2016 Society For Neuroscience Meeting, San Diego,
CA. Medical student, Queen’s University Medical School, Ontario, Canada (2017-)
- 2016-2017 Dylan O’Hara, B.A/Bennington College Class of 2018
Career stage: Winter term intern. Mentoring role: Research advisor. Accomplishments:
Admitted SURF program Vollum Institute 2017. Ph.D Program in Neuroscience, SUNY
Stony Brook (2018-)
- 2016-2018 Michael Taeho Kim, B.S/ Ph.D program, BBS, Harvard Medical School
Career stage: Technician in my lab. Mentoring role: Research advisor. Accomplishments:
Co-author on Guo et al, *Nature Medicine* 2018 and Besnard et al, *Nature Neuroscience*
2019.
- 2016-2018 Charlotte Herber, B.S/ Yale University, Class of 2018
Career stage: Junior and Senior. Mentoring role: Research advisor.
Accomplishments: Co-author on Guo et al, *Nature Medicine* 2018. MSTP Program
Stanford University (2018-)
- 2016 Alvar Paris, B.S.
Career stage: Senior, Cambridge University. Mentoring role: Research advisor.
Accomplishments: 2016 Harvard Stem Cell Institute Undergraduate Research Program.
- 2017- Cinzia Vicidomini, Ph.D./Postdoctoral Fellow
Career stage: Postdoctoral Fellow. Mentoring role: Research advisor.
Accomplishments: 2018 NARSAD Young Investigator Award, co-author *Cell Reports*
2018, First author Review in *Neuron* 2020
- 2017- Hannah Twarkowski, Ph.D./Postdoctoral Fellow
Career stage: Postdoctoral Fellow. Mentoring role: Research advisor.
Accomplishments: 2018 German Ministry of Science DFG Postdoctoral Fellowship,
co-author *Nature Neuroscience* 2019

- 2017- Yu-Tzu Shih, Ph.D./Postdoctoral Fellow
 Career stage: Postdoctoral Fellow. Mentoring role: Research advisor.
 Accomplishments: 2018 Taiwan Ministry of Science Postdoctoral Fellowship,
 2021 MGH Tosteson Fellowship
- 2017 Chay Graham, B.S.
 Career stage: Senior, Cambridge University. Mentoring role: Research advisor.
 Accomplishments: 2017 Harvard Stem Cell Institute Undergraduate Research Program.
- 2018-2020 Haley Zanga, B.S./Research Associate II Simcere Innovation (Biotech)
 Career stage: Technician in my lab
- 2018 Travis Goode, Ph.D.
 Career stage: Postdoctoral Fellow, 2020 NARSAD Young Investigator Award, Lead
 Author on Perspective in *Neuron* 2020
- 2018 Samara Miller, Ph.D.
 Career stage: Postdoctoral Fellow
 Accomplishments: Miller and Sahay, *Nature Neuroscience* 2020
- 2019 Ain Chung, Ph.D.
 Career stage: Postdoctoral Fellow
- 2019 Michael Kritzker-Cohen M.D, Ph.D.
 Career stage: Postdoctoral Fellow, T32 MGH Psychiatry

Graduated to Faculty

- 2012 -2017 Kathleen McAvoy, PhD/ Scientist, Biogen Inc, currently at Arvinas Biotech.
 Career stage: Postdoctoral Fellow. Mentoring role: Research advisor. Accomplishments:
 First author publications in *Neuron*, *Hippocampus*, *Frontiers in Systems Neuroscience*,
Neurotherapeutics, co-author *Nature Communications*. Recipient of 2015 Health
 Emotions Institute Travel Award.
- 2012 – 2020 Antoine Besnard, Ph.D./ Tenure track, Assistant Professor, INSERM, France. Career
 stage: Instructor. Mentoring role: Research advisor. Accomplishments: Recipient of 2012
 Fondation Bettencourt Fellow, 2014 NARSAD Young Investigator Award, 2014 Health
 Emotions Institute Travel Award, 2016 MGH ECOR Fund for Medical Discovery (FMD)
 Postdoctoral Fellowship Award. Besnard and Sahay, *Neuropsychopharmacology* 2016,
 Besnard et al, *Cell Reports* 2018, Besnard et al *Nature Neuroscience* 2019, Besnard and
 Sahay, *Cell Reports* 2020, Besnard and Sahay *Brain Behavior Research* 2020, *Frontiers
 in Systems Neuroscience* (co-first author) and *Frontiers in Neural Circuits* (co-author).

2012 -2020 Nannan Guo, Ph.D. / Tenure track, Assistant Professor, Department of Neurobiology, Southern Medical University, China) Career stage: Instructor. Mentoring role: Research advisor. Accomplishments: Guo et al, *Nature Medicine* (2018), First author on Book Chapter (2015), co-first author Review in *Neuron* 2020. Invited Speaker at 2019 Japan Neuroscience Society Meeting.

Local Invited Presentations

No presentations below were sponsored by outside entities.

- 2011 Adult neurogenesis, Anxiety and Depression / Invited Talk
MGH Leadership Council in Psychiatry
- 2012 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood /
Translational Neuroscience Lecture
Psychiatric Neurogenetics Unit, MGH
- 2012 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood /
Grand Rounds
Center for Addiction Medicine, MGH
- 2012 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood /
PTSD seminar; Invited talk
Home Base Program, MGH
- 2013 Adult hippocampal neurogenesis, pattern separation-completion balance and
overgeneralization of fear / MGH Inaugural Grand Rounds: Translating basic
neuroscience insights into PTSD mechanisms & circuits
Department of Psychiatry, MGH
- 2013 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood /
Seminar series; Invited talk
Department of Psychiatry, McLean Hospital
- 2014 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood /
Invited talk
Depression Clinical & Research Program, MGH
- 2014 Rejuvenating memory circuits with new neurons in adulthood and aging / Invited talk
Stem Cells 2.0, Harvard Stem Cell Institute, MGH
- 2015 Molecular mechanisms, neural circuits and pathways underlying fear generalization /
PTSD seminar
Home Base Program, MGH

- 2015 Re-engineering and rejuvenating memory and mood circuits with new brain cells / Invited talk
Seminar to MGH Chiefs Council, MGH
- 2015 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited seminar; host: Brad Hyman
Department of Neurology, MGH
- 2016 Enhancing memory precision to combat PTSD / Medical Grand Rounds
Department of Medicine, MGH
- 2018 Hippocampal circuit mechanisms underlying social memory processing / Harvard Interdisciplinary Oxytocin research initiative, MGH
- 2018 Rejuvenating and re-engineering hippocampal circuits to modulate memory interference/
Boston Children's Hospital NeuroBehavioral Core Symposium
- 2018 Adult hippocampal neurogenesis: Neural stem cells, circuits and memory
BBS sponsored seminar, MGH
- 2020 Rejuvenating and re-engineering memory and emotion circuits
ECOR sponsored research Scholars Update, MGH
- 2022 A transcriptional regulator of neural stem cell expansion and anticipatory neurogenesis in the adult brain
DRB sponsored seminar, HMS

Report of Regional, National and International Invited Teaching and Presentations

Invited Presentations and Courses

No presentations below were sponsored by outside entities.

Regional

- 2009 Increasing adult hippocampal neurogenesis is sufficient to enhance pattern separation but not Mood (selected oral abstract)
Synapses: From Molecules to Circuits & Behavior, Cold Spring Harbor Laboratory Meetings, New York
- 2013 Genetic modulation of neuronal competition homeostasis in the adult dentate gyrus to enhance hippocampal functions (selected oral abstract)
Abcam Brain Repair and Reprogramming, Cambridge, MA
- 2016 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Department of Biology, Boston University, Boston, MA

- 2016 Rejuvenating memory circuits to constrain fear generalization and age-related cognitive decline / Invited talk
Neuron to Synapse and Optogenetics, Burlington, MA
- 2016 Optimizing aging memory circuits: Insights from rejuvenating, re-engineering and reprogramming approaches/Invited Talk
Stem Cell 2.0, Boston, MA
- 2017 Rejuvenating and re-engineering aging memory circuits/Invited Talk
Neuroplasticity, Neuroregeneration and Brain Repair, New York Academy of Sciences, NY
- 2017 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Department of Molecular and Cellular Biology, Brown University, Providence, RI

National

- 2009 Increasing adult hippocampal neurogenesis is sufficient to improve pattern separation but not Mood (selected oral abstract)
Molecular Cellular Cognition Society Meeting, Chicago, IL
- 2010 Impact of increasing adult hippocampal neurogenesis on cognition and mood (selected oral abstract)
Basic Neuroscience of Mood Disorders and Their Treatment, American College of Neuropsychopharmacology Meeting, Miami, FL
- 2011 Targeting adult neurogenesis to modulate hippocampal functions in cognition and mood / Faculty Candidate Interview; Invited seminar
MGH Center for Regenerative Medicine, Harvard Medical School, MA; University of Pittsburgh, PA; University of Southern California, CA; Northwestern University, IL; University of Utah, UT; Scripps Institute, FL; University of Virginia, VA; University of Michigan, MI; University of California, Irvine, CA, Rutgers University, NJ (declined), University of Rochester, NY (declined), Medical University of South Carolina, SC (declined), Duke University-NUS, Singapore, (declined).
- 2011 Impact of increasing adult hippocampal neurogenesis on cognition and mood (selected oral abstract)
Keystone Symposia, Adult Neurogenesis, Taos, NM
- 2013 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood / Invited talk
New Scholars Series, Reed College, Portland, OR
- 2013 Harnessing adult hippocampal neurogenesis to enhance cognition and modulate mood / Invited talk
Kavli-National Academy of Science "Frontiers of Science" symposium, Irvine, CA

- 2013 Harnessing adult hippocampal neurogenesis to enhance cognition and regulate mood /
Invited talk
Penn State Neuroscience 2013 Graduate student invited speaker, Hershey, PA
- 2014 Re-engineering memory circuits with new neurons / Invited talk
American Psychological Association Annual Meeting, Washington, DC
- 2014 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Vollum Institute of Neuroscience, Portland, OR
- 2015 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
State University of New York, Stony Brook, NY
- 2015 Tuning adult hippocampal neurogenesis to constrain fear generalization in adulthood and
aging / Invited talk
ACNP Meeting, Hollywood, FL
- 2015 Local circuits and neural pathways linking adult hippocampal neurogenesis with fear
generalization / Invited talk
ACNP Meeting, Plenary Session, Hollywood, FL
- 2016 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Department of Molecular Biology, UT Southwestern, Dallas, TX
- 2016 Hippocampal circuit mechanisms underlying fear generalization / Invited talk
Society of Biological Psychiatry, Atlanta, GA
- 2016 Rejuvenating and re-engineering memory circuits in adulthood and aging /Invited Talk
Eli and Edythe Broad Center for Regenerative Medicine and Stem Cells, UCSF, CA.
- 2017 Rejuvenating and re-engineering memory circuits in adulthood and aging /Invited Talk
Keystone Meeting, Lake Tahoe, CA
- 2017 Rejuvenating memory circuits in adulthood and aging /Invited Talk
University of Virginia, VA
- 2017 Rejuvenating memory circuits in aging /Invited Talk
Cognitive Aging Summit III, Bethesda, MD
- 2018 Hippocampal circuit mechanisms underlying memory discrimination and generalization
/Invited Talk
Department of Pharmacology, University of Washington, Seattle
- 2018 Dentate granule cell recruitment of feedforward inhibition governs engram maintenance
and remote memory generalization /Invited Talk
Learning and Memory 2018, Huntington Beach, CA
- 2018 Molecular re-engineering of aging memory circuits/Invited Speaker

- Samsung Global Research Symposium on Molecular Neuroscience, Mountain View, CA
- 2018 Hippocampal circuit mechanisms underlying memory discrimination and generalization /Invited Talk
Department of Neuroscience, Johns Hopkins University, Baltimore, MD
- 2018 Stem cells and disease modeling: Neuropsychiatric and neurodegenerative Disease/Chair, Nanosymposium, Society for Neuroscience Annual Meeting, San Diego, CA
- 2019 Inhibitory interneurons: Gatekeepers of indexing, discrimination and generalization/Invited Speaker
University of California, Irvine, Center for the Neurobiology of Learning and Memory Colloquium series
- 2019 Inhibition, Memory Interference and Indexing/Invited Speaker
Gordon Research Conference, Inhibition in the CNS, Newry, Maine
- 2019 Dentate granule cells, memory discrimination and generalization/Selected Speaker
Annual Molecular Psychiatry Meeting, San Francisco, CA
- 2019 Neurogenesis, memory interference and memory indexing/Invited Speaker
Neuroscience Seminar series, University of Wisconsin, Madison
- 2019 Contribution of new neurons to hippocampal functions/Invited Speaker
Minisymposium, Adult Hippocampal neurogenesis in humans and rodents: New evidence and New perspectives. Society for Neuroscience Annual Meeting, Chicago, Illinois
- 2019 Rejuvenating and re-engineering aging memory circuits/Invited Speaker
Plasticity in the aging brain, Simons Foundation, New York City, NY
- 2020 Rejuvenating, re-engineering and restoring aging memory circuits/Invited Speaker
NIA Summit on Neurogenesis and Aging, NIH, Washington DC (Virtual)
- 2020 Decoding Hippocampal-lateral septal projection logic governing contextual calibration of defensive behaviors/Invited Speaker (Virtual)
Inscopix World wide Webinars in Neuroscience, Palo Alto California
- 2021 A transcriptional regulator of neural stem cell expansion and anticipatory neurogenesis in the adult brain/Invited Speaker (Virtual)
MDI Biological Laboratory, Bar Harbor, Maine, USA
- 2021 Adult hippocampal neurogenesis, memory and aging/Invited Speaker (Virtual)
Stem cells and Aging Workshop, sponsored by NIA, MDI Biological Laboratory, Bar Harbor, Maine, USA
- 2021 Rejuvenating and Re-engineering aging memory circuits /Invited Speaker
GSA 2021 Annual Scientific Meeting, Phoenix, Arizona, USA

2021 Lateral Septum: From ontogeny to Function in Motivated Behaviors /Selected symposium
ACNP Meeting, San Juan, Puerto Rico, USA

International

- 2009 Harnessing adult hippocampal neurogenesis to enhance cognition and regulate mood /
Invited talk
8th Dutch Endo-Neuro-Psycho Meeting, Hippocampal Neuroplasticity in Health and
Disease, Doorwerth, The Netherlands
- 2010 Harnessing adult hippocampal neurogenesis to enhance cognition and regulate mood /
(selected oral abstract)
Adult Neurogenesis: Structure and Function, Frauenchiemsee, Germany
- 2013 Genetic modulation of neuronal competition homeostasis in the adult dentate gyrus to
enhance hippocampal functions / Invited talk
Abcam Neurogenesis, Matsushima, Miyagi, Japan
- 2014 Re-engineering the adult dentate gyrus through neuronal competition to enhance memory
precision
Adult Neurogenesis: From stem cells to therapies, Mumbai, India
- 2014 Rejuvenating the dentate gyrus with stage-specific expansion of adult-born neurons to
enhance memory precision in adulthood and aging / (selected oral abstract)
Keystone Symposia, Adult Neurogenesis, Stockholm, Sweden
- 2014 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Johannes Gutenberg University of Mainz & Program Translational Neuroscience,
Germany.
- 2015 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Weizmann Institute of Science, Rehovot, Israel
- 2015 Local circuits and neural pathways linking adult hippocampal neurogenesis with fear
generalization / Invited talk
Harvard- Ludwig-Maximilians-Universität in Munich (LMU) Young Scientist Forum,
Munich, Germany
- 2015 Rejuvenating and re-engineering memory circuits in adulthood and aging / Seminar
Gothenburg University, Sweden
- 2016 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
1st Neurogenesis Fusion Conference, Cancun, Mexico
- 2016 How adult-born neurons link encoding with emotional responses / Invited talk
3rd Eurogenesis Meeting, Adult Neurogenesis in Physiology and Disease, Bordeaux,
France.

- 2017 Rejuvenating and re-engineering memory circuits in adulthood and aging / Invited talk
Center for Regenerative Therapies, Dresden, Germany
- 2019 Hippocampal circuit mechanisms underlying discrimination and generalization/Invited
Talk
Campbell Family Mental Health Research Institute, Toronto, Ontario, Canada
- 2019 Inhibitory interneurons: Gatekeepers of indexing, discrimination and
generalization/Neuroscience Distinguished Lectureship series, Collaborative Program in
Neuroscience, University of Toronto, Ontario, Canada.
- 2019 Hippocampal circuit mechanisms underlying discrimination and generalization/Invited
Speaker
EMBO Workshop, Molecular neuroscience: From genes to circuits in health and disease,
Bangalore, India
- 2019 Dentate granule cells and memory precision/Invited Speaker
2nd Neurogenesis Fusion Conference, Nassau, Bahamas
- 2019 Dentate granule cells, memory discrimination and generalization/Invited Talk
4th Eurogenesis Meeting, Adult Neurogenesis in Physiology and Disease, Bordeaux,
France
- 2019 Hippocampal Inhibition, Memory Interference and Indexing/ Invited talk
Hebb 70: Synapses, Engrams, and Disease/
Symposium to celebrate 70th Anniversary of Donald Hebb's "The Organization of
Behavior, Toronto
- 2020 XIV. International Magdeburg Learning & Memory Meeting 2020/Invited Talk
Learning And Memory: Cellular and Systemic Views, Magdeburg, Germany
(Postponed due to Covid 19)
- 2021 Hippocampal Inhibition, Memory Interference and Indexing/ Invited talk
Neurosur 2021 Symposium (Harvard/ University of Chile, the University of Santiago de
Chile, the University of Valparaiso Joint Meeting)
- 2021 Understanding how a hippocampal inhibitory microcircuit contributes to memory
consolidation and generalization/invited speaker
<https://www.crowdcast.io/e/amarsahays-wwndev-forum>
- 2022 Hippocampal Inhibition, Memory Interference and Indexing/Invited Talk
Neuronal representation - From Synapses and microcircuits to behavior, July 1-2,
Freiburg, Germany

Report of Technological and Other Scientific Innovations

Strategies that stimulate adult neurogenesis and improve cognition (2010)	Provisional US Patent Application; April 13, 2010 (expired) We demonstrated in proof of concept study that stimulating neurogenesis by targeting the Bax gene improved memory.
Agents and Methods for diagnosing and treating behavioral disorders (2014)	Provisional US Patent Application; March 13, 2014 (Application 61/952, 485) We identified a gene important for memory in adulthood and aging and demonstrated strategy to target this gene to improve memory.
Memory-regulating agents and methods (2019)	US Patent 10, 287, 580 (Issued May 14, 2019) Methods for inhibition of Ablim3 to improve memory in aging, Alzheimer's disease and PTSD.

Report of Education of Patients and Service to the Community

Activities

No activities below were sponsored by outside entities.

- 1995 Genetics Course, Mount Anthony Union High School, VT / Co-instructor.
Developed practical component of course to study genetics using yeast model system.

Report of Scholarship

Peer-Reviewed Scholarship in print or other media

Research Investigations

1. Giger RJ, Cloutier JF*, **Sahay A***, Prinjha RK*, Levengood DV, Moore SE, Pickering S, Simmons D, Rastan S, Walsh FS, Kolodkin AL, Ginty DD, Geppert M. Neuropilin-2 is required in vivo for selective axon guidance responses to secreted semaphorins. *Neuron*. 2000 Jan;25(1):29-41. PMID:10707970. (* equal contribution)
2. **Sahay A**, Molliver ME, Ginty DD, Kolodkin AL. Semaphorin 3F is critical for development of limbic system circuitry and is required in neurons for selective CNS axon guidance events. *The Journal of Neuroscience*. 2003; 23(17): 6671-6680. PMID: 12890759.
3. Cloutier JF*, **Sahay A***, Chang EC, Tessier-Lavigne M, Dulac C, Kolodkin AL, Ginty DD. Distinct requirements for Semaphorin 3F and Slit-1 in axonal targeting, fasciculation and segregation of olfactory receptor sensory neuron projections. *The Journal of Neuroscience*. 2004; 24(41): 9087-9096. PMID: 15483127. (* equal contribution)

4. **Sahay A***, Kim CH*, Sepkuty JP, Cho E, Hujanir RL, Ginty DD, Kolodkin AL. Secreted semaphorins modulate synaptic transmission in the adult hippocampus. *The Journal of Neuroscience*. 2005; 25(14): 3613-3620. PMID:15814792. (* equal contribution)
5. Scobie KN, Hall BJ, Wilke SA, Klemenhausen KC, Fujii-Kuriyama Y, Ghosh A, Hen R, **Sahay A**. Krüppel-like factor 9 (Klf-9) is necessary for late-phase neuronal maturation in the developing dentate gyrus and during adult hippocampal neurogenesis. *The Journal of Neuroscience*. 2009; 29(31): 9875-9887. PMC2753873.
6. Weber T, Baier V, Pauly R, **Sahay A**, Baur M, Herrmann E, Ciccolini F, Hen R, Kronenberg G, Bartsch D. Inducible gene expression in GFAP+ progenitor cells of the SGZ and the dorsal wall of the SVZ— a novel tool to manipulate and trace adult neurogenesis. *Glia*. 2011; 59(4):615-626. PMID: 21294160.
7. **Sahay A***, Scobie KN, Hill AS, O'Carroll CM, Kheirbek MA, Burghardt NS, Fenton AA, Dranovsky A, Hen R*. Increasing adult hippocampal neurogenesis is sufficient to improve pattern separation. *Nature*. 2011; 472 (7344): 466-470. PMC3084370. *Co-corresponding author.
 - “New Neurons, New Opportunities”, Leading Edge, Learning & Memory, *Cell* 145, May 13, 2011
 - Research Highlights, *Nature Reviews Neuroscience*, Volume 12, June 2011
 - “New strategy for stimulating neurogenesis may lead to drugs to improve cognition and mood”, Eurekalert, April 3, 2011
 - “More Young Neurons Equals Better Brain Function”, Massachusetts Alzheimer's Disease Research Center (<http://madrc.mgh.harvard.edu>), April 4, 2011
 - “Engineered Mice Make Better Choices”, *MIT Technology Review*, April 6, 2011
 - “Nurturing newborn neurons sharpens minds in mice Also lifts mood when combined with exercise- NIH-funded study”, NIH Press Release, April 3, 2011
 - Cited > 1400 times
8. Tata PR, Mou H, Pardo-Saganta A, Zhao R, Prabhu M, Law BM, Vinarsky V, Cho JL, Breton S, **Sahay A**, Medoff BD, Rajagopal J. Dedifferentiation of committed luminal epithelial cells into functional stem cells *in vivo*. *Nature*. 2013; 503(7475):218-223. PMC4035230.
9. Ikrar T, Guo N, He K, Besnard A, Levinson S, Hill A, Lee HK, Hen R, Xu X, **Sahay A**. Adult neurogenesis modifies excitability of the dentate gyrus. *Frontiers in Neural Circuits*. 2013;7:204. PMC3872742.
10. Hill AS, **Sahay A***, Hen R*. Increasing adult hippocampal neurogenesis is sufficient to reduce anxiety and depression-like behaviors. *Neuropsychopharmacology*. 2015; 40(10):2368-2378. PMC4538351. * Co-corresponding author.
11. McAvoy K, Russo C, Kim S, Rankin G, **Sahay A**. Fluoxetine induces input-specific dendritic spine remodeling in adulthood and middle age. *Hippocampus*. 2015; 25(11):1429-1446. PMC4596739.
12. McAvoy K, Scobie KN, Berger S, Russo C, Guo N, Decharatanachart P, Miake-LyeS , Whalen M, Nelson M, Bergami M, Bartsch D, Hen R, Berninger B, **Sahay A**. Modulating neuronal competition dynamics in the dentate gyrus to rejuvenate aging memory circuits. *Neuron*. 2016; 91(6):1356-1373.

- “Encouraging Integration”. Research Highlights in *Nature Reviews Neuroscience*, Volume 17, number 11, November, 2016.
 - Previewed in “Re-engineering the Hippocampus” in *Neuron*, 2016; 91(6): 1190-1191.
 - “Making memories stronger and more precise during aging”. EurekaAlert, 1 September 2016.
 - “Identifying mechanisms that may keep memories sharp in the aging brain”. Featured in Newsroom, National Institute on Aging.
13. Kaluski S, Portillo M, Besnard A, Stein D, Einav M, Zhong L, Ueberham U, Arendt T, Mostoslavsky R, **Sahay A**, Toiber D. Neuroprotective functions for the histone deacetylase SIRT6. *Cell Reports*. 2017; 18(13):3052-3062.
14. Raam T, McAvoy K, Besnard A, Veenema A, **Sahay A**. Hippocampal oxytocin receptors are necessary for discrimination of social stimuli *Nature Communications*. 2017. 8(1):2001.
- HMS News and research. Study reveals an oxytocin-fueled brain circuit that regulates social recognition <https://hms.harvard.edu/news/social-memory>
 - Boston Globe Dec 14, 2017. How the brain distinguishes friends from strangers
15. Culig L, Surget A, Bourdey M, Khemissi W, Le Guisquet AM, Vogel E, **Sahay A**, Hen R, Belzung C. Increasing adult hippocampal neurogenesis in mice after exposure to unpredictable chronic mild stress may counteract some of the effects of stress. *Neuropharmacology* 2017; 126:179-189
16. Dietrich J, Baryawno N, Nayyar N, Valtis YK, Yang B, Ly I, Besnard A, Severe N, Gustafsson KU, Andronesi OC, Batchelor TT, **Sahay A**, Scadden DT. Bone marrow drives central nervous system regeneration after radiation injury. *Journal of Clinical Investigation* 2018; 128(1) 281-293.
17. Guo N, Soden ME, Herber C, Kim MT, Besnard A, Lin P, Ma X, Cepko CL, Zweifel LS, **Sahay A**. Dentate granule cell recruitment of feedforward inhibition governs engram maintenance and remote memory generalization *Nature Medicine*. 2018; 24(4):438-449.
- News and Views in *Nature Medicine*
 - “Switch” that could improve memory identified, The Harvard Gazette
 - Investigators identify neural circuit genetic “switch” that maintains memory precision, EurekaAlert 12 March 2018.
 - NIH Director discussed this paper in his monthly blog on advances in sciences and medicine <https://directorsblog.nih.gov/2018/05/24/unlocking-the-brains-memory-retrieval-system/>
18. Besnard A, Langberg T, Levinson S, Chu D, Vicidomini C, Scobie KN, Dwork AJ, Arango V, Rosoklija GB, Mann JJ, Hen R, Leonardo ED, Boldrini M, **Sahay A**. Targeting Kruppel-like factor 9 in excitatory forebrain neurons protects against chronic stress-induced impairments in dendritic spines and fear responses *Cell Reports* 2018 23 (11): 3183-3196.
- HMS News and research. Blocking key protein prevents impact of stress on neurons and alters fear response in mice. <https://hms.harvard.edu/news/silencing-stress>
19. Besnard A, Gao Y, Kim MT, Twarkowski H, Langberg T, Feng W, Xu X, Saur D, Zweifel L, Davison I and **Sahay A**. Dorsolateral septum somatostatin interneurons gate mobility to calibrate context specific behavioral fear responses *Nature Neuroscience* 2019 22 (3): 436-446

- Massachusetts General study identifies brain cells that modulate behavioral response to threats
https://www.eurekalert.org/pub_releases/2019-02/mgh-mgs021119.php
- Threat sensors: the neurons that regulate fear response
<https://hsci.harvard.edu/news/threat-sensors>

20. Besnard A, Miller S and **Sahay A**. Distinct dorsal and ventral hippocampal CA3 outputs govern contextual fear discrimination. *Cell Reports* 2020; 30(7):2360-2373.

21. Centonze A, Lin S, Tika E, Sifrim A, Fioramonti M, Malfait M, Song Y, Wuidart A, Van Herck J, Dannau A, Bouvencourt G, Dubois C, Dedoncker N, **Sahay A**, de Maertelaer V, Siebel CW, Van Keymeulen A, Voet T, Blanpain C. Heterotypic cell-cell communication regulates glandular stem cell multipotency. *Nature* 2020; 584, 608–613

22. Besnard A, and **Sahay A**. Enhancing adult neurogenesis promotes contextual fear memory discrimination and activation of hippocampal-dorsolateral septal circuits *Beh Brain Research* 2020; Sep 16;112917. doi: 10.1016/j.bbr.2020.112917.

23. Choi S, Zhang B, Ma S, Gonzalez-Celeiro M, Stein D, Jin X, Kim ST, Kang Y, Besnard A, Rezza A, Grisanti L, Buenrostro J, Rendl M, Nahrendorf M, **Sahay A**, Hsu Y. Corticosterone inhibits GAS6 to govern hair follicle stem-cell quiescence. *Nature* 2021;592, 428-432

24. Guo N, McDermott KD, Shih YS, Zanga H, Ghosh D, Herber C, Meara WR, Coleman J, Zagouras A, Wong LP, Sadreyev R, Gonçalves JT and **Sahay A**. Transcriptional regulation of neural stem cell expansion in the adult hippocampus. *eLife* 2022;11:e72195

25. Twarkowski H, Steininger V, Kim MJ, and **Sahay A**. A dentate gyrus-CA3 inhibitory circuit promotes evolution of hippocampal-cortical ensembles during memory consolidation. *eLife* 2022 11:e70586

Other peer-reviewed scholarship

1. **Sahay A***, Hen R*. The role of adult hippocampal neurogenesis in depression. *Focus on Emotion and Disorders of Emotion* issue. *Nature Neuroscience*. 2007; 10(9):1110-1115. Review. PMID:17726477. *Co-corresponding author.
2. **Sahay A**, Wilson DA, Hen R. Pattern separation: A common function for new neurons in hippocampus and olfactory Bulb. *Neuron*. 2011; Special Issue: Reviews on stem cells and adult neurogenesis, 70(4):582-588. Review. PMC3109085.
3. Ho NF, Hooker JM, **Sahay A**, Holt DJ, Roffman JL. In vivo imaging of adult hippocampal neurogenesis: progress, pitfalls and promise. *Molecular Psychiatry*. 2013; 18(4):404-416. Review. PMC3711219.
4. Kheirbek MA, Klemenhagen KC, **Sahay A***, Hen R*. Neurogenesis and generalization: a new approach to stratify and treat anxiety disorders. *Nature Neuroscience*. 2012; 15(12):1613-1620. Review. PMC3638121. *Co-corresponding author

5. Besnard A, **Sahay A**. Adult hippocampal neurogenesis, fear generalization and stress. *Neuropsychopharmacology*. 2016; 41(1):24-44. PMC4677119.
6. McAvoy K, Besnard A, **Sahay A**. Adult hippocampal neurogenesis and pattern separation in DG: A role for feedback inhibition in modulating sparseness to govern population-based coding. *Frontiers in Systems Neuroscience*. 2015; 9:120. PMC4542503.
7. Widge A, **Sahay A**. Closing the Loop in Deep Brain Stimulation for psychiatric disorders: Lessons from Motor Neural Prosthetics. *Neuropsychopharmacology*. 2016; 41(1):379-380. PMC4677134.
8. McAvoy K, **Sahay A**. Targeting adult neurogenesis to optimize hippocampal circuits in aging. *Neurotherapeutics*. 2017; 14(3):630-645. PMID28536851
9. Guo N, **Sahay A**. Neural circuits serve as periscopes for NSCs. *Cell Stem Cell*. 2017; 21(5):557 - 559.
10. Miller, S.M, **Sahay, A**. Functions of adult-born neurons in hippocampal memory interference and indexing. *Nature Neuroscience*. 2019 22(10): 1565-1575
11. Vicidomini C, Guo N and **Sahay A**. Communication, cross talk and signal integration in the adult hippocampal neurogenic niche. *Neuron* 2020 105(2):220-235
12. Goode, TD, Tanaka K, **Sahay A***, and McHugh TJ*. Integrated Index: Engrams, Place Cells, and Hippocampal Memory. *Neuron* 2020 107(5):805-820 *Co-corresponding author

Peer Reviewed scientific or medical scholarship/materials in print or other media

Reviews, chapters, monographs and editorials

1. **Sahay A**, Hen R, Duman RS. Hippocampal neurogenesis: Depression and Antidepressant responses. Editors: Gage FH, Kempermann G and Song H. “*Adult Neurogenesis*” *Cold Spring Harbor Laboratory Press* 2007, 483-503.
2. **Sahay A***, Drew MR, Hen R*. Dentate gyrus neurogenesis and Depression “The Dentate Gyrus: A comprehensive Guide to Structure, Function and Clinical Implications”. Editor: Scharfman H. *Progress in Brain Research*. 2007, 163:697-822. PMID:17765746. * Co-corresponding author
3. Wu MV, **Sahay A**, Duman RS, Hen R. Functional differentiation of adult-born neurons along the septotemporal axis of the dentate gyrus, *Adult Neurogenesis*” *Cold Spring Harbor Laboratory Press* 2015. 7(8): a018978. Review. PMID: 26238355
4. Guo N, Gatchel J, **Sahay A**. The role of adult-born neurons in mood regulation. Editors: Eisch AJ and Kuhn G, *Springer, Stem Cell Biology and Regenerative Medicine*, 2015, 41-52.

Thesis

1. **Sahay A**. Role of secreted semaphorins in axon guidance and synaptic plasticity. PhD Dissertation. The Johns Hopkins University. (2004). Laboratories of Dr. Alex Kolodkin and Dr. David Ginty, HHMI, Johns Hopkins University School of Medicine.

Narrative Report

Background and Current Activities

Dr. Sahay earned his doctorate in Neuroscience in the laboratories of Dr. Alex Kolodkin and Dr. David Ginty at the Johns Hopkins University School of Medicine where he identified distinct roles for semaphorins, axon guidance cues, in establishment of neuronal connectivity in the vertebrate forebrain. During this period Dr. Sahay uncovered one of the first examples of how developmentally prescribed genes, in this case axon guidance cues, are re-used in the adult brain to regulate synaptic functions and seizures. Dr. Sahay then transitioned into Dr. Rene Hen's lab at Columbia for postdoctoral studies to build a foundation in neural circuitry and behavior. As a postdoc, Dr. Sahay published a landmark study where he identified a key function for adult hippocampal neurogenesis in memory. His research garnered national and international recognition, the Career development award from the Society for Neuroscience and four postdoctoral grants including two Brain & Behavior Research Foundation (NARSAD) Young Investigator awards and a NIMH K99/R00. After interviewing at 12 institutions nationwide and receiving several faculty-position offers, Dr. Sahay chose to build a basic neuroscience research program at the Center for Regenerative Medicine, MGH that was grounded in a mission to generate therapeutic insights into memory and mood disorders. In the last 10 years, Dr. Sahay's research program has pioneered a path that integrates molecular, circuit and systems neuroscience to illuminate how neural circuit and network-plasticity mechanisms (adult hippocampal neurogenesis) maybe harnessed to improve memory during aging and calibrate adaptive behaviors. His publications in *Nature*, *Nature Medicine*, *Neuron*, *Nature Neuroscience*, *Nature Communications* and *Cell Reports* are highly cited (over 7300 times), covered by public news outlets, and widely replicated. Based on his work, Dr. Sahay was awarded a US patent to treat memory loss in aging and Alzheimer's disease and memory imprecision in PTSD using gene therapy. His team's science has informed his articulation of transformative ideas in reviews in the most prominent journals in neuroscience: *Neuron* and *Nature Neuroscience* that have profoundly influenced our thinking about the role of neurogenesis and the hippocampus in memory processing and regulation of emotion. Dr. Sahay is recipient of 3 R01s and direct research funding exceeding \$8.6 million. His trainees have been awarded nationally competitive postdoctoral fellowships (NARSAD Young Investigator) and the first cohort of trainees have secured independent faculty and principal scientist positions in industry. Dr. Sahay has mentored numerous Harvard College undergraduates who have earned highest honors in neuroscience and the Hoopes prize. Dr. Sahay co-directed the Harvard BBS Program graduate level course on Concepts in Development, Self-renewal and Repair for five years (2014-2018) at MGH. Dr. Sahay is principal faculty of the Harvard Stem Cell Institute and the James and Audrey Foster MGH endowed Research Scholar. Dr. Sahay has been invited to memberships in local, national and international scientific committees. Locally, he serves as member of the Mass General Neuroscience Leadership Council, scientific council of Homebase: a Red Sox Foundation and Massachusetts General Hospital Program for treatment of veterans and PTSD, and Center for Neuroscience of Psychedelics at MGH. Internationally, he is a member of the American College of Neuropsychopharmacology (ACNP) and the Program Committee for the Society for Neuroscience (SFN). He also serves as the sole SFN appointed representative member in the Program Committee for Federation of European Neuroscience Societies (FENS).

Area of Excellence: Investigation

Adaptively responding to the environment is critical to optimal navigation of our world. The hippocampus plays a critical role in this process by generating memories of our experiences and transferring these memories for storage or consolidation to the prefrontal cortex. Memories of past experiences stored in the cortex are re-used by the hippocampus to guide defensive and motivated behaviors (eg: approach, avoidance, reward seeking etc) that are mediated by subcortical circuits (eg: hypothalamus etc). It is intuitive to think how aberrations in hippocampal circuit mechanisms underlying memory processing or consolidation or linkage of mnemonic information with subcortical circuits are the basis for cognitive and mood impairments that characterize memory and psychiatric disorders. Dr. Sahay's lab has generated insights to reverse these aberrations through investigation of molecular, circuit and network plasticity mechanisms supporting hippocampal memory processing and regulation of emotion. This circuit-based focus is particularly powerful and prescient as it is

likely that many psychiatric disease genes and risk factors for cognitive decline converge upon these hippocampal circuit mechanisms. As such, his lab's distinguished efforts to discover molecular keys to tune circuits or enhance network plasticity may guide therapeutic strategies to alleviate cognitive and mood impairments associated with aging, Alzheimer's disease and PTSD.

Adult hippocampal neurogenesis or the ability to generate new neurons in the hippocampus is a unique form of network plasticity that has captured the imagination of many over several decades. Building on the seminal paper in *Nature* from his postdoc that defined a canonical function of new neurons in memory discrimination (Cited >1500 times), Dr. Sahay's lab began to investigate the circuit mechanisms that mediate the integration of new neurons into hippocampal circuitry. Dr. Sahay's team engineered a genetic strategy to selectively and reversibly remove synapses on mature neurons. By doing so, Dr. Sahay's group found that they could bias synaptic competition in favor of the new-born neurons. This study in *Neuron* provided definitive evidence for synaptic competition between new and old neurons. Importantly, Dr. Sahay's team then applied their strategy to rejuvenate the hippocampus of aged mice with extra newly integrated neurons. Enhancing the capacity for integration of adult-born neurons in adult, middle-aged and aged mice resulted in more precise and robust memory. At a neural level, mice more with new neurons encoded similar experiences in less overlapping populations of neurons or ensembles. Thus, neurogenesis may facilitate encoding of similar experiences by decreasing interference between experience-associated neuronal ensembles. This study represented a major advance in the field of neurogenesis and memory research as it demonstrated for the first time that increasing hippocampal neurogenesis in aging is sufficient to improve cognition and specifically, through reduction of memory interference. This study was lauded in commentaries in *Nature Reviews Neuroscience* and featured in the *Newsroom* of the National Institute on Aging. Furthermore, this study and Dr. Sahay's 2011 *Nature* study illustrate using two ingenious approaches how to rejuvenate the hippocampus with new neurons and improve memory precision. Importantly, the role of adult-born hippocampal neurons in decreasing memory interference has been widely replicated in at least 12 publications using numerous behavioral paradigms and different approaches to manipulate neurogenesis by many labs around the world.

The success of these studies motivated Dr. Sahay to begin thinking about other approaches to boost neurogenesis in the aging brain or following injury, this time by replenishing the cognitive reserve embodied in the pool of neural stem cells in the hippocampus. To date a large number of transcription factors have been identified that regulate asymmetric self-renewal of adult hippocampal neural stem cells to mediate neurogenesis. In sharp contrast, the identities of transcription factors that regulate neural stem cell expansion (symmetric self-renewal) in the adult hippocampus are not known. Dr. Sahay's lab identified the first transcription factor that regulates neural stem expansion in the adult hippocampus. Although this study which was just published in *eLife* is still too recent to track its impact and citations, it is likely to have a transformative impact on how we think about preserving cognitive reserve during aging and mobilizing neural stem cells for brain repair following injury.

Complementing his lab's efforts to *rejuvenate* and *repair* brain circuits by targeting neurogenesis, Dr. Sahay pioneered a new approach to improve memory by molecular *re-engineering* of neural circuit connectivity. Key to this strategy is identification of molecular prescriptions of neural connectivity that can be harnessed to re-wire memory circuits and improve cognition. In a study in *Nature Medicine*, Dr. Sahay's laboratory identified one such molecular specifier, Ablim3, that in response to learning regulates neuronal connectivity underlying Parvalbumin inhibitory neuron plasticity and GABAergic inhibition within the hippocampus. Parvalbumin inhibitory neurons, much like orchestral conductors, control the activity of 1000s of excitatory neurons to coordinate the flow of information in the brain essential for encoding and storage of experiences in ensembles or engrams. Dr. Sahay's group leveraged their discovery and showed that targeting Ablim3 in the hippocampus preserved memory precision over time. These findings have important therapeutic implications for PTSD as they created a new neurobiological framework to think about why patients express fear in neutral settings. Specifically, Dr. Sahay's work suggests that inefficient memory consolidation leads to the increased, rather than reduced, generalization of traumatic memories. Targeting Ablim3 represents a connectivity-based strategy to prevent the overgeneralization of fear by maintaining details of the original traumatic experience.

Motivated by a large body of work showing hippocampal hyperactivity in individuals with age-related cognitive decline and Mild Cognitive Impairment, Dr. Sahay's team next examined neuronal connectivity underlying Parvalbumin inhibitory neuron plasticity and GABAergic inhibition within the hippocampus during aging. His group demonstrated for the first time that Parvalbumin inhibitory neuron plasticity in the hippocampus is lost in aging. Importantly, targeting Ablim3 reversed age-related changes in Parvalbumin inhibitory neuron plasticity and restored memory precision in aging. This study was highlighted in *Nature Medicine* and by Dr. Francis Collins, director of NIH, in his commentaries on advances in science and medicine. On the basis of his findings, Dr. Sahay was awarded a US patent for targeting Ablim3 using antisense oligos to dampen hippocampal hyperactivity and improve memory in aging, Alzheimer's disease and PTSD.

A defining feature of Dr. Sahay's arc of discoveries is his sustained incorporation of new techniques to delve deeper into his discoveries. One of the key predictions from the *Nature Medicine* study was that targeting Ablim3 in the hippocampus promotes communication between the hippocampus and the prefrontal cortex. In a recent study published in *eLife*, Dr. Sahay's team provided evidence showing how targeting Ablim3 in the hippocampus promotes network oscillations and hippocampal-cortical communication. Since network oscillations are biomarkers of cognition and are disrupted in numerous psychiatric disorders, this study provides further support for Ablim3's broad therapeutic potential.

Although the hippocampus expresses receptors for the pro-social hormone oxytocin, the physiological role of hippocampal Oxytocin receptors in behavior has remained elusive for over two decades. Dr. Sahay's group was the first to uncover a physiological role for hippocampal Oxytocin receptors in behavior. In a study in *Nature Communications*, they found that hippocampal oxytocin receptors are necessary for discrimination of social stimuli. His team also identified the neural pathways that links computations underlying social discrimination in the hippocampus to subcortical circuits subserving social recognition. Thus, oxytocin receptors in the hippocampus (of mice and humans) may have evolved to co-opt the same circuitry mediating spatial memory albeit for social experiences. The Boston Globe covered this study and the main findings of this paper have been independently replicated by multiple labs.

Stress is a major risk factor for psychopathologies such as depression and anxiety disorders. Understanding how brain mechanisms support coping behaviors and confer resilience is key to devising novel therapeutic strategies to moderate the effects of stress on the brain and behavior. Dr. Sahay's group was the first to demonstrate how selectively enhancing adult hippocampal neurogenesis was sufficient to prevent chronic stress-induced anxiety-like behavior and promote stress associated coping behavior. This 2015 study in *Neuropsychopharmacology* has been cited over 350 times. In thinking about how stress affects neural circuitry to mediate overgeneralization of fear in PTSD, Dr. Sahay's group identified a transcriptional regulator of resilience to chronic stress-induced overgeneralization of fear. In a study in *Cell Reports*, they showed how changes in levels of a transcription regulator in the hippocampus in response to chronic stress engenders sex specific synaptic and behavioral adaptations.

To begin to understand how alterations in hippocampal functions contribute to irregularities in affective behaviors, Dr. Sahay's team began to investigate the neural pathways that link hippocampally computed mnemonic or contextual information with cortical and subcortical circuits that mediate defensive and motivated behaviors. In two studies published in *Nature Neuroscience* and *Cell Reports*, the Sahay lab illuminated how hippocampal projections to the lateral septum, a major target of the hippocampus, play a critical role in calibration of defensive behaviors. The Sahay lab identified distinct classes of inhibitory neurons as mediators of hippocampal outputs to different subcortical circuits to calibrate defensive behaviors. Based on these ongoing efforts and recognition of his contributions to this field, Dr. Sahay will chair a symposia on the lateral septum and its role in affective behaviors at the 60th Annual meeting of the American College of Neuropsychopharmacology in December 2021.

Scholarship and Recognition

Dr. Sahay's research has garnered tremendous traction in the fields of neurogenesis and memory research and his work has been cited over 7300 times. His findings identifying a role for adult-born neurons in reduction of memory interference remain a landmark milestone in the field of adult hippocampal neurogenesis. Dr. Sahay

discoveries have been independently replicated by many different laboratories and continue to kindle deeper enquiries in his own lab and research programs worldwide. Dr. Sahay's work has provided pivotal experimental support to influential theories on the role of the hippocampus and memory such as Hippocampal Indexing theory that posits a continuous role for the hippocampus in accessing details of stored memories. His research program exemplifies how integrating the tools of molecular neuroscience with circuit interrogation techniques allows privileged access to understanding how memories are encoded, stored and deployed to guide behavior. His science has been covered by the Boston Globe, The Scientist, EurekAlert, MIT tech Review, NPR, Fierce Biotech and by the Director of the National Institutes of Health. More recently, Dr. Sahay's science on neurogenesis, memory and aging was prominently featured in a novel entitled "The Memory Thief: And the Secrets Behind How We Remember" released by Simon & Schuster. Dr. Sahay's discoveries have led to formulation of several influential review articles and perspectives published in the most prominent journals of neuroscience: *Nature Neuroscience* (2007, 2011, 2019) and *Neuron* (January and August 2020), and that continue to shape the leading edge of science on adult hippocampal neurogenesis and memory. Notable in these reviews is Dr. Sahay's ability to reach across the aisle to clinicians and relate fundamental neural circuit mechanisms underlying hippocampal memory processing (memory interference, discrimination and generalization) to psychiatric disease endophenotypes, age-related cognitive decline and MCI. Dr. Sahay is regularly requested to review for top journals in neuroscience including *Nature*, *Nature Neuroscience*, *Neuron* and *Cell Stem Cell*. He has served on several NIH special emphasis grant review panels and has reviewed grants for French and Swiss government Neuroscience Funding Agencies.

Dr. Sahay has proven to be a catalytic collaborator to stem cell scientists both locally within Harvard Medical School and internationally. He has engineered genetic tools that were deployed to generate foundational data in several collaborations published in *Nature*. He has part of national collaborative efforts spanning Harvard, UCSF, Stanford, USC and Princeton such as the Simons Collaboration on the Plasticity and the Aging Brain to "discover mechanisms of resilience and maintenance in the aging brain". He has deposited multiple genetically engineered mouse lines at Jackson Labs for unrestricted access by the neuroscience and stem cell community.

Dr. Sahay has spoken in almost every session on "the functions of adult hippocampal neurogenesis" at major national and international conferences (Keystone symposia, International Fusion Conferences, Eurogenesis meetings, Abcam Neurogenesis meetings). Dr. Sahay co-organized the first international meeting on adult neurogenesis in Asia. He has chaired symposia and given a plenary lecture at the American College of Neuropsychopharmacology annual meeting. Based on his contributions to memory and aging, Dr. Sahay was invited to speak at the National Institute of Aging Cognitive Aging Summit, Neurogenesis and Aging workshop and the Gerontology Society of America. He has spoken at and chaired international Kavli Frontiers of Science Symposia and lectured at numerous universities (UCSF, Johns Hopkins, UTSW, Brown, UC Irvine Center for Learning and Memory, University of Washington, Seattle, etc) both nationally and internationally (Germany, Japan, India, Israel, France, Sweden etc). He was invited to serve on the Program committee of the Society for Neuroscience where his responsibilities include crafting the program for the largest annual meeting in neuroscience, chairing the program committee for Neurodegenerative disorders and Injury session at the Annual meeting and interfacing with leadership of the American Neurological Association (ANA). In 2020, Dr. Sahay was selected to serve as the sole SFN representative in the 17 European member comprised Program Committee for Federation of European Neuroscience Societies (FENS).

Dr. Sahay's scientific contributions in basic neuroscience are matched by a remarkable track record of research funding. Dr. Sahay has secured grants and philanthropic gifts in excess of \$8.5 million in direct costs. He is recipient of 3 R01s, a R35 from the NIH, a \$1.1 million grant from the Simons Foundation, multiple Harvard Stem Cell Institute seed and collaborator grants, NARSAD Independent Investigator Award, Ellison Medical Foundation New Scholar in Aging award and an Alzheimer's Association International Research Grant. The incredible breadth of his program is recognized in R level grants from National Institute of Mental Health, National Institute of Aging and National Institute of Neurological Disorders and Stroke. Dr. Sahay was awarded a Career Development Award from the SFN and was named the James and Audrey Foster MGH Research Scholar.

Significant Supporting and Teaching Activities:

Dr. Sahay has been an independent investigator at the Center for Regenerative Medicine at the Massachusetts General Hospital since September 2011. He has proven to be terrific mentor for mentees at all levels of training. His mentorship style has been profiled by the Harvard Stem Cell Institute and is routinely lauded in Harvard undergraduate honors thesis critiques. All three of his first postdocs have successfully transitioned into independent academic faculty and industry scientist positions. Postdoctoral fellows in the Sahay lab have presented independently at national meetings including the Society for Neuroscience meeting and are recipient of multiple internationally competitive fellowships such as the Brain & Behavior Research Foundation (NARSAD) Young Investigator Awards. His first graduate student in the lab transitioned into a successful postdoctoral fellowship where she also secured a Brain & Behavior Research Foundation (NARSAD) Young Investigator Award. Postdoctoral Fellows and graduate students have published in *Nature Medicine*, *Nature Neuroscience*, *Neuron*, *Nature Communications* and *Cell Reports*. The trajectories of current postdoctoral fellows anticipate similar levels of success. Dr Sahay is fully committed to seeing postdoctoral fellows maximize their scientific potential in academia and industry. In 2017, Dr. Sahay launched a startup to create sustainable paths for postdoctoral fellows to biotech and pharmaceutical jobs. Dr. Sahay published a white paper documenting his experience in *Cell Mentor* so that other innovators would benefit from his insights and experience.

Dr. Sahay is fully committed to nurturing undergraduates who express an interest in biomedical research. Of the 5 Harvard undergraduates who have conducted thesis research in the lab, 4 have gone on to medical school (Harvard, UCSF, Case Western Reserve, Cleveland Clinic Lerner College of Medicine research track) and one to graduate school (UC Berkeley). One was co-mentored by Dr. Arthur Kleinman and was awarded the Hoopes Prize, Harvard University's highest honor for an undergraduate thesis. Another graduated summa cum laude in Neuroscience. All 5 of these students are co-authors on publications from the Sahay lab. In addition to these students, Dr. Sahay's lab has continually supported undergraduates through other mechanisms. These individuals have gone on to be awarded the Barry Goldwater Scholarship and attend MD/PhD programs (Stanford) or join venture capital firms.

Dr. Sahay is conscientious of the importance of diversity and inclusion of underrepresented groups in the scientific enterprise. He is an active member of Cientific Latino's graduate student mentorship initiative (GSMI) program where he mentors minority undergraduates and provides guidance to prospective graduate students on crafting graduate school applications.

Dr. Sahay has made significant contributions to graduate level education at Harvard Medical School. He co-directed the Harvard BBS Program graduate level course on Concepts in Development, Self-renewal and Repair CB226 for five consecutive years (2014-2018). The purpose of this class was to teach G1/G2 and select undergraduate seniors critical thinking about development and regenerative biology. Student involvement in discussions and critique of published work was the core strength of this course. Students were trained to critically assess the current state of the art in stem cell biology, apply the same approaches to their own research and write graduate level fellowship applications. Because this class was held at MGH, it helped increase graduate student presence at the hospital and was tremendously valued by the Executive Committee on Research (ECOR) of Massachusetts General Hospital. He also serves on the thesis committees of a number of graduate students at Harvard Medical School through the Program in Neuroscience and BBS program. Additionally, he provides career guidance to graduate students in the DRB (developmental and regenerative biology) program.

Dr. Sahay also gives lectures to undergraduates and medical residents as part of courses on Regeneration, Neuroscience and Psychiatry at Harvard University and MGH. He participates in the MGH/McLean research track residency program and HMS Clinical and Translational Research Academy that recruit and train psychiatry residents. He reviews postdoctoral fellowships and faculty level applications for endowed Research Scholars for ECOR at MGH. Dr. Sahay provides R01 level grant writing mentorship to Assistant professors at MGH and co-chaired the Harvard Stem cell Institute Annual Retreat that brings together trainees from across the Harvard ecosystem.

Dr. Sahay has been invited to serve on local committees within MGH to foster basic neuroscience research. He serves as member of the Mass General Neuroscience Leadership Council, scientific council of Homebase which is a Red Sox Foundation and Massachusetts General Hospital Program for treatment of veterans and PTSD, and the newly founded Center for Neuroscience of Psychedelics at MGH. He co-founded a monthly seminar series for trainees in basic neural circuit neuroscience at MGH and Massachusetts Eye and Ear Institute and secured a Harvard Brain Science Initiative (HBI) Community Building Grant for it.

Dr. Sahay has contributed to the vibrance of the thematic research centers at MGH. He chaired the faculty search committee at the Center for Regenerative Medicine and served as the external Faculty member for faculty search at the Center for Genomic medicine. Dr. Sahay is an Associate Member of the BROAD Institute and has established productive collaborations to understand inhibitory neuron functions in memory and regulation of emotion.